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The Effectiveness of Anatomy Glove Learning System in the Training of Massage Therapy Students – Appendices

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Published by

The Higher Education Quality Council of Ontario

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Cite this publication in the following format:

Lisk, K., McKee, P., Baskwill, A., & Agur, A. (2013). *The Effectiveness of Anatomy Glove Learning System in the Training of Massage Therapy Students – Appendices*. Toronto: Higher Education Quality Council of Ontario.



Appendix B – Examples of Knowledge Test Questions

1. A passive stretch applied to the *second* carpometacarpal joint into extension would primarily stretch which of the following muscles?
 - a. Flexor Pollicis Brevis
 - b. Lumbricals
 - c. Flexor Digitorum Superficialis
 - d. Palmar Interossei
2. Pain in the temple is sometimes the result of a trigger point in the hand. If pressure is being applied to the trigger point between the first and second metacarpals to decrease pain, what muscle is being treated?
 - a. 1st Dorsal Interosseous
 - b. 3rd Lumbrical
 - c. 4th Dorsal Interosseous
 - d. Flexor Pollicis Brevis

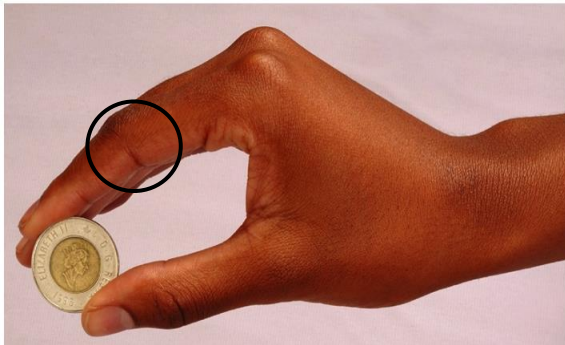


Figure 2

3. What joint is indicated by the circle in Figure 2 above (be specific)?

4. What position/action is depicted by the joint indicated by the circle in Figure 2 above?

5. What side of the hand is shown in Figure 2 above?



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